



GK:1 Training is Alaska Rush's premier technical development program for youth soccer goalkeepers in Anchorage, Alaska.

**The Mission of GK:1 Training:**

To provide youth soccer goalkeepers, through our commitment to excellence, the opportunities to develop his/her individual technical goalkeeping skills, inspiring them to reach their fullest potential by placing them in a high tempo, small-group training environment, which is challenging, yet still an enjoyable and positive experience which promotes primarily the growth of the player and his/her individual technical goalkeeping skills. This will be done by coinciding the GK:1 Training sessions with Alaska Rush's Saturday Morning Shooting sessions in order to give the goalkeepers a more realistic training environment.

**AGES:** GK:1 Training is specifically designed for youth goalkeepers aged U10 - U19.

**DIVISIONS & SCHEDULES:**

(All sessions will be held on Saturdays at the [Fox Hollow Dome](#) between October and mid-May and at [Lloyd Steele Park](#) between mid-May and September, unless otherwise noted)

- **Advanced:** (Players considered U14 and older)

9:00 - 10:00 am

10:00 - 11:00 am on Fridays and Saturdays when at Lloyd Steele Park

(Limited to 8 enrollments)

## College Program

Created on Sunday, 08 July 2012 20:17

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- **Intermediate/Beginner:** (Players between U10 - U14)

10:00 - 11:00 am

11:00 am - 12:00 pm on Fridays and Saturdays when at Lloyd Steele Park

(Limited to 8 enrollments)

Alaska Rush Soccer Club staff will notify all Members of any changes to the schedule.

### **Attendance:**

Players are strongly encouraged to participate in continuous sessions within GK:1 Training curriculum in order to get the full benefit of the training program. *A Member's class roster enrollment will be reserved for 45-day period should he/she wish to take a break from the class (upon written notice from the member or member's parents).*

**Please Note:** *GK:1 Training will take hiatus from its twelve-month co-ed program during the scheduled during the weekend of the Alaska Airlines Cup, Alaska Youth Soccer State Cup, and the Saturdays after both the Christmas and New Year's holidays.*

**LEAD COACH:** [Jason Leonardis, Alaska Rush Technical Director](#)

### **COST - Annual Membership and Monthly Fee:**

Training Membership: \$75 annual fee per player

GK:1 Training Monthly Fee: \$50 (4 training sessions per month)

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Training Membership is required to participate in GK:1 Training. This fee is non-negotiable and must be paid in full before participation in GK:1 Training begins.

**Please Note:** For families of the Alaska Rush community with at least two children enrolled in GK:1 Training or any Elite Program, each additional child registering thereafter will receive a 50% discount on their Training Membership and \$30 off the Monthly Fee of a third Elite Program.

For individual Members of the Alaska Rush community registered in GK:1 Training and at least two additional Elite Programs, said Member will receive a 50% discount on their third Training Membership and \$30 off the Monthly Fee of a third Elite Program.

### Training Membership includes:

- Access to top-quality coaching through GK:1 Training
- An official GK:1 Training Goalkeeper Jersey
- Exclusive use of all equipment

### Refund Policy:

After a member has been registered in GK:1 Training, no refunds will be issued. Alaska Rush Soccer Club incur costs whether or not a player finishes the program.

Please contact the Alaska Rush Soccer Club office at 907-561-RUSH or e-mail Technical Director [Jason Leonardis](#) with any questions about GK:1 Training.

[REGISTER FOR GK:1 Training](#)