

## Programs

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### About the Program

The Tutor Program allows any Alaska Rush player the opportunity to train with any team within Alaska Rush Soccer Club. One of the main components to becoming a great player is quite simple: quality time playing the game. The '10,000-Hour Rule' states that the key to success, in any field, is due to a large extent of practicing purposefully a specific task for a total of around 10,000 hours. Dedication and focus to a personal goal is imperative to player's growth and eventually success.

Everyday there are thousands of players training, playing the game they love. Even a selected few are afforded the opportunity someday play professionally or perhaps even for their country. Alaska Rush Soccer Club believes every player should have every opportunity to train/game as much as he/she desires, creating no excuses or limitations in advancing his/her game and eventually attaining his/her personal goals.

The team coaches are all aware of this program and invite any and all to take advantage of the Tutor Program.

**\*\*\*Please make sure to check with the head coach to confirm training times and locations as the below schedules are subject to change.\*\*\***

Click here to view the [Team Training Schedule](#) for the [Winter 2015 Season](#).

For more information, please feel free to contact the Director of Coaching Boys [Mike Montgomery](#).