



NEXT:1 TRAINING

Next:1 Training is Alaska Rush's premier technical development program for youth, Junior, and Senior soccer players in Anchorage, Alaska. Competitive players within Alaska Rush can advantage of this program as can players registered with other clubs, those taking a break from soccer for a season, and even individuals who aren't signed to a club at all. **Next:1 Training is for everyone!!**

The Mission of Next:1 Training:

Next:1 Training is Anchorage's premier technical development program for the modern, competitive player. Through our commitment to excellence, players will develop individual technical skills by training in a high tempo, 1v1 and small-group training environment, which is challenging, yet still an enjoyable and positive experience. Next:1 Training is about giving players the tools to take their game to the next level and be the #1 player on the pitch!

AGES: Next:1 Training is specifically designed for youth soccer players aged U10 - U19.

DIVISIONS & SCHEDULES:

(All sessions will be held on Saturdays at the [Fox Hollow Dome](#) between October and mid-May and at [Lloyd Steele Park](#) between mid-May and September, unless otherwise noted)

- **Seniors:** (U14 - U19 as of 1 Sep 2013)

8:00 - 9:00 am

9:00 - 10:00 am on Fridays and Saturdays when at Lloyd Steele Park

(Limited to 20 enrollments)

Programs

Created on Saturday, 25 February 2012 09:15

- **Youth:** (U11 - U12 as of 1 Sep 2013)
9:00 - 10:00 am

10:00 - 11:00 am on Fridays and Saturdays when at Lloyd Steele Park

(Limited to 20 enrollments)

The Youth Division is currently at capacity and all further registrants will be placed on a waiting list upon payment of the annual Training Membership. Please contact the Technical Director for more information.

- **Juniors:** (U13 - U14 as of 1 Sep 2013)

10:00 - 11:00 am

11:00 am - 12:00 pm on Fridays and Saturdays when at Lloyd Steele Park

(Limited to 20 enrollments)

The Juniors Division is currently at capacity and all further registrants will be placed on a waiting list upon payment of the annual Training Membership. Please contact the Technical Director for more information.

Please Note: *The above schedule will go into effect October 5, 2013.*

Alaska Rush Soccer Club staff will notify all Members of any changes to the schedule.

Please Note: *Next:1 Training will take hiatus from its twelve-month co-ed program during the scheduled weekend of the Alaska Airlines Cup, Alaska Youth Soccer State Cup, and the Saturdays after both the Christmas and New Year's holidays.*

Attendance:

Players are strongly encouraged to participate in continuous sessions within Next:1 Training curriculum in order to get the full benefit of the training program. A Member's class roster enrollment will be reserved for 45-day period should he/she wish to take a break from the class (upon written notice from the member or member's parents).

Next:1 Training Lead Coach: [Yeniel Bermudez](#)

COST - Annual Membership and Monthly Fee:

Training Membership: \$75 annual fee per player

Programs

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Next:1 Training Monthly Fee: \$50 (4 training sessions per month)

Training Membership is required to participate in Next:1. This fee is non-negotiable and must be paid in full before participation in Next:1 Training begins.

Please Note: For families of the Alaska Rush community with at least two children enrolled in Next:1 Training or any Elite Program, each additional child registering thereafter will receive a 50% discount on their Training Membership and \$30 off the Monthly Fee of a third Elite Program.

For individual Members of the Alaska Rush community registered in Next:1 Training and at least two additional Elite Programs, said Member will receive a 50% discount on their third Training Membership and \$30 off the Monthly Fee of a third Elite Program.

Training Membership includes:

- Access to top-quality coaching through Next:1 Training
- An official Next:1 Training Kit (Socks, Shorts & Shirt)
- Exclusive use of all equipment

Refund Policy:

After a member has been registered in Next:1 Training, no refunds will be issued. Alaska Rush Soccer Club incur costs whether or not a player finishes the program.

Please contact the Alaska Rush Soccer Club office at 907-561-RUSH or e-mail Technical Director [Jason Leonardis](#) with any questions about Next:1 Training.

[REGISTER FOR NEXT:1 Training](#)