The School of Excellence is Alaska Rush's pre-competitive, developmental program for youth soccer players in Anchorage, Alaska and its surrounding areas.

About the Alaska Rush School of Excellence

The Alaska Rush School of Excellence is an eight-week program designed and modeled after some of the top European professional academies, many of which have existed for over 30+ years. Players like Lionel Messi (FC Barcelona), Cristiano Ronaldo (Real Madrid), Wayne Rooney (Manchester United), and Arjen Robben (Bayern Munich) all began their careers as soccer-crazed youngsters before being invited to participate in their respective club's premier developmental programs. As a result of the consistent, professional-level training they received through such schools, they are now regarded as some of the world's most elite players playing for some of the world's most elite teams.

The Mission of the Alaska Rush School of Excellence is to provide a professional level training program for U4, U6, U8, and U10 boys and girls. The program is designed to introduce and develop the individual player's technical skills with the ball and to stimulate his/her desire to play soccer competitively in a team environment. The program will provide a quality soccer education and healthy competition in a setting that promotes creativity and encourages players to take risks and improvise without fear of mistakes.

Relaunched in September 2012, the Alaska Rush School of Excellence uses an Academy Approach geared toward boys and girls ages 3 to 10 years of age, placing a large emphasis on player and team development in a quality training environment. The aim is to improve a player's technical skills, expand his/her game awareness, and finally introduce the competitive game as well as its systems and positional play.

The Alaska Rush School of Excellence training curriculum is designed to introduce and complement future, competitive match-play as well as address the immediate needs of the youth soccer player. It is a combination of technical and tactical topics with the emphasis mostly on technical and skill development of the players. The curriculum will cover important, age-appropriate topics such as:

- Dribbling, including shielding and taking a player on

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- Finishing, the technical aspects of bending, instep, placement combined with where and how to line-up
- Passing, striking the ball with a variety of surfaces, deception and the weight of your pass will be introduced
- Receiving and turning with the ball
- Shielding, protecting the ball with the body
- Heading, introduction with the older age groups
- Offensive, small group combinations, small group shape will be introduced
- Defending, players know they must work hard to get ball back

If it's a player's desire and passion is to grow and excel in the game of soccer in a positive and enjoyable team environment, then the Alaska Rush School of Excellence is the right place to begin that path.

SEASONS & SCHEDULES:
The Alaska Rush School of Excellence eight-week sessions will take place on Monday & Wednesday evenings for Boys and Tuesday & Thursday evenings for Girls (unless otherwise noted) over four separate seasons throughout the 2014-2015 soccer year.

Fall 2014		**Winter 2015**	
Dates:	September 29 - November 20, 2014	**Dates:**	January 5 - February 26, 2015
Times:	5:30-6:30pm (*U4: 5:45-6:30pm**)	**Times:**	6-7pm (*U4: 6:15-7pm**)
Location:	Fox Hollow Dome	**Location:**	Fox Hollow Dome
SPRING 2015		**SUMMER 2015**	
Dates:	March 16 - May 7, 2015	**Dates:**	June 1 - July 25, 2015
Times:	5:30-6:30pm (*U4: 5:45-6:30pm**)	**Times:**	6-7pm (*U4: 6:15-7pm**)
Location:	Fox Hollow Dome	**Location:**	Lloyd Steele Park

* U4 Beginnings sessions are either Tuesdays or Thursdays, NOT both.

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Alaska Rush Soccer Club staff will notify all Members of any changes to the schedule.

AGES & DIVISIONS:
The Alaska Rush School of Excellence program is specifically designed for youth soccer players aged 3 to 10 years old.

Divisions*	Age	Birth Range	Maximum Enrollments
U4 Beginnings (Tuesday)	3-4	8/1/11 - 7/31/12	Limited to 20 enrollments
U4 Beginnings (Thursday)	3-4	8/1/11 - 7/31/12	Limited to 20 enrollments
U6 Micros: Boys (Monday & Wednesday)	5-6	8/1/09 - 7/31/11	Limited to 16 enrollments
U6 Micros: Girls (Tuesday & Thursday)	5-6	8/1/09 - 7/31/11	Limited to 16 enrollments
U8 Cadets: Boys (Monday & Wednesday)	7-8	8/1/07 - 7/31/09	Limited to 20 enrollments
U8 Cadets: Girls (Tuesday & Thursday)	7-8	8/1/07 - 7/31/09	Limited to 20 enrollments
U9 Bantams: Boys (Monday & Wednesday)	8-9	8/1/06 - 7/31/07	Limited to 24 enrollments
U9 Bantams: Girls (Tuesday & Thursday)	8-9	8/1/06 - 7/31/07	Limited to 24 enrollments
U10 Bantams: Boys (Monday & Wednesday)	9-10	8/1/05 - 7/31/06	Limited to 24 enrollments
U10 Bantams: Girls (Tuesday & Thursday)	9-10	8/1/05 - 7/31/06	Limited to 24 enrollments

* U6-U10 Members are not restricted to the specifc days which their gender is registered for and may adjust their schedule e.g. a female Member attending a Monday & Tuesday class, with prior written notice to the Alaska Rush School of Excellence Coordinator.

Players are strongly encouraged to participate in continuous Alaska Rush School of Excellence sessions not only within a particular season, but throughout the duration of the whole soccer year in order to get the full benefit of the training program and curriculum.

Please Note: *To maintain the integrity of the training environment and offer the highest quality coaching possible, each class will be limited to a certain number of enrollments. Prioirity Registration for the next scheduled Alaska Rush School of Excellence season will take place during the last two weeks of the Member's current session. If said Member does not register for the next scheduled Alaska Rush School of Excellence season during Priority Regiestration period, the Member's guaranteed roster spot will forfeited and said Member will have to reregister during the Open Registration period immediately following. The only exception applicable to this policy is if said Member holds a Premium Membership, which guarantees a Member's roster spot over the duration of four Alaska Rush School of Excellence seasons.*

Additionally, if a participant registers for a particular class, but the class is full, said participant will be placed on a waiting list and contacted via e-mail if a roster spot becomes available.

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MEMBERSHIP COST:

Alaska Rush School of Excellence membership is required to participate in Alaska Rush's pre-competitive, developmental program for youth soccer players. There are two types of Memberships - Standard and Premium - and these fees are non-negotiable and must be paid in full before participation in the Alaska Rush School of Excellence begins.

Please Note: *For families of the Alaska Rush community with at least two children enrolled in the Alaska Rush School of Excellence, each additional child registering thereafter will receive a 25% discount off their Standard Membership Cost per Season.*

Standard Membership	
Divisions	**Cost per Season**
U4 Beginnings	$90
U6 Micros	$185
U8 Cadets	$185
U10 Bantams	$185

Every Standard Member will receive an Alaska Rush School of Excellence t-shirt for each season he/she is registered.

In addition to a Standard Membership, Alaska Rush School of Excellence offers a Premium Membership at an additional cost of $100 per player per annum. Premium Membership includes:

- Guaranteed roster spot over over four seasons
- Guaranteed roster spot on age appropriate School of Excellence team participating in the Alaska Academy League
- An official Alaska Rush School of Excellence kit (Shirt, Shorts & Socks)
- An Alaska Rush Soccer Club Member Card
- A $20 discount off the Standard Membership Cost per Season (see below for actual costs)
- A exclusive Premium Member Gift each season:
    - Premium Member's **First** Session, he/she will receive second Alaska Rush School of Excellence jersey
    - Premium Member's **Second** Session, he/she will receive an Alaska Rush Soccer Scarf
    - Premium Member's **Third** Session, he/she will receive an OPA Water Bottle
    - Premium Member's **Fourth** Session, he/she will receive an Adidas juggle ball

Premium Membership	
Divisions	**Cost per Season**
U4 Beginnings	$70
U6 Micros	$165
U8 Cadets	$165
U10 Bantams	$165

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Irrespective of the type of membership, the safety of the Alaska Rush School of Excellence Members comes first. Alaska Rush staff request every Member is dressed appropriately and ready to play soccer. Please ensure each Member is outfitted properly before leaving the house and arriving to training. Below is a list of recommended items to have at each training session:

- Shinguards (required)
- Alaska Rush School of Excellence t-shirt or kit
- Shorts
- Socks over shinguards
- Soccer or running shoes
- Water bottle
- Inflated soccer ball (Size 3 - U4, U6, U8 & Size 4 - U10)

REFUND POLICY:
Alaska Rush Soccer Club expects our Members to be extremely satisfied with our programs. The Club and its staff take great pride in what we do and work meticulously to ever improve the quality of coaching and programs offered by Alaska Rush Soccer Club. However, we also understand that situations may arises and the Club cannot always accommodate everyone's needs. In every program there are initial setup costs and administration fees in order to assist in making it successful and run smoothly. For this reason, Alaska Rush Soccer Club has developed the following the refund policy:

Prior to the first day of the program starting: 100% Refunded

First day to the fourth week in: 50% Refunded

Start of fifth week and onwards: 0% Refunded

All withdrawal and refund requests shall be send by email to the Alaska Rush's Office Manager.

If you have any additional questions, please feel free to contact the Alaska Rush's Technical Director Jason Leonardis or Alaska Rush School of Excellence Coordinator Terry Curran.

To Register for the Alaska Rush School of Excellence, please click here.

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